



## G.R.O.W.. MODEL



## WIGGLE WORDS



## OPEN QUESTIONS

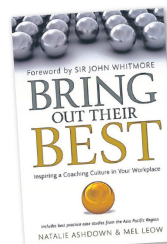


## CLOSED QUESTIONS



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 Coaching Qualifications  
 Executive Coaching  
 Master Classes and Workshops  
 Registered Training Organisation (TOID 21858)



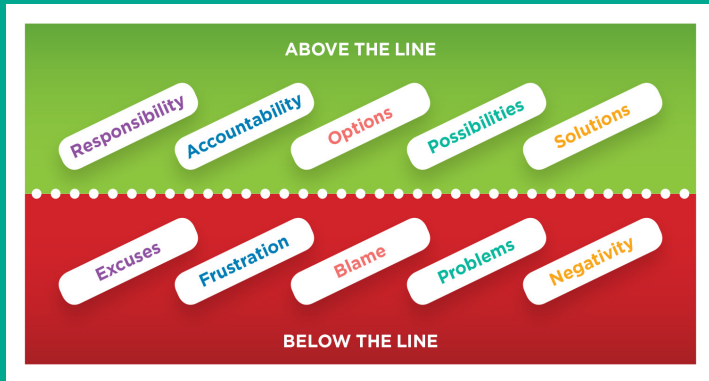
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## ABOVE/BELOW THE LINE



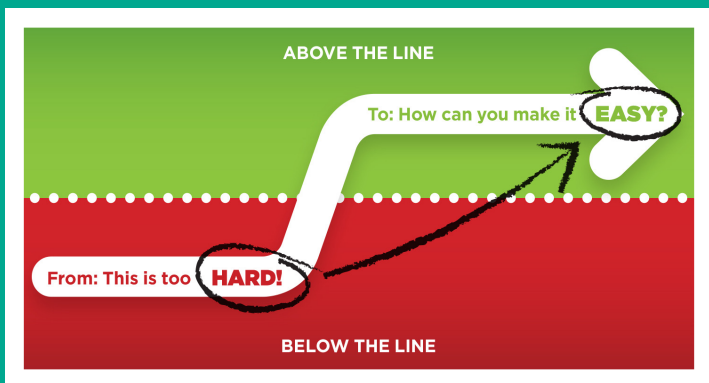
## MORE OF, LESS OF, START, STOP

**GOAL:**

<b>STOP</b>	<b>START</b>
<b>LESS OF</b>	<b>MORE OF</b>

**ACTIONS:**

## REFRAME

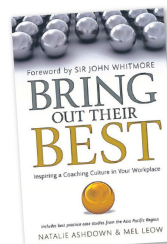


## E.A.R.S. MODEL



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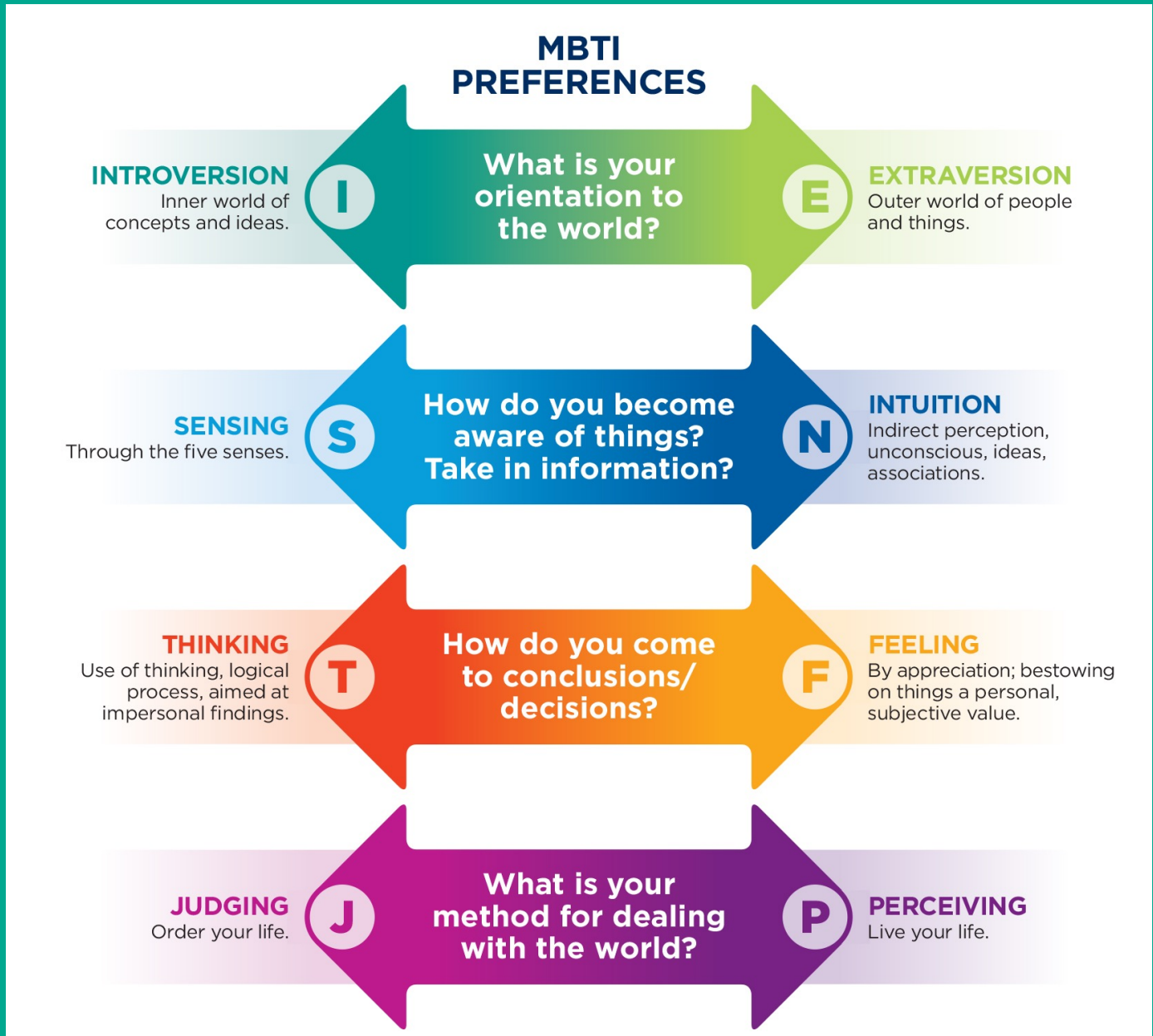


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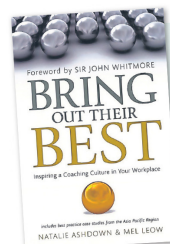


YOUR NOTES:



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