

EXERCISE 4.2: ARE YOU TELLING THE TRUTH? (FILM)



MENTAL
HEALTH
FIRST AID
Australia

1. What symptoms suggested Michael is experiencing an episode of psychosis?

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2. Think about what Christos (Michael's father) did to help Michael.

What did Christos do well?	What might you have done differently?

3. What could Alex (Michael's brother) have done differently?

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